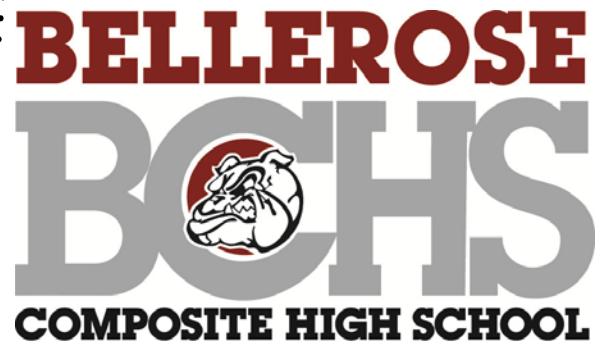


Benefits!

Getting involved in extra-curricular activities at school is a wise choice; it can be very important in helping to develop many working skills, people skills, and more.

- Time management and prioritizing
- Physical development
- Learning about long-term commitments
- Making a contribution
- Raising self-esteem
- Building solid relationships
- Broadening your interests
- Developing your creativity
- Stress relief
- Looks great on scholarship applications
- Making new friends



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**Bellerose
Composite High
School**

Student Activities

**Make
Your
Mark!**



Student Activities

We believe student participation in co-curricular activities is an integral part of the educational experience. The Student Activities Department supports a positive school climate by involving, recognizing, and celebrating students at Bellerose. Co-curricular activities and programs provide students with opportunities that develop character, socialization, and citizenship skills.



Clubs & Activities

Here is a list of some clubs and activities you can be a part of, along with the staff contact for additional information.

- B-Town Chow Down - Susan Rankin**
- Bellerose Idol - Dave Edwards & Karen Labahn**
- Bikeathon - Sue Leighton**
- Blood Donor Clinics - Bill Willette**
- Cappies - Karen Labahn**
- Coffee House Concerts - Karen Labahn**
- Cooking Club - Jason Dabbagh**
- Cupcake Festival - Dave Edwards**
- Dodgeball Tournament - Sue Leighton**
- Duke of Edinburgh Award Program - George Mentz**
- EcoAction - Dave Rush & Al Thorne**
- Fashion Club - LuEllen Anderson**
- Fitness Centre - Sue Leighton**
- Flex Band & Choir - Karen Labahn**
- Free Thinkers Club - Dave Edwards**
- Grad Council - Sue Leighton**
- Gay Straight Alliance (GSA) - Krysta Wosnack**
- High School Model UN (HSMUN) - Yvonne Jones**
- Interact (Global Awareness) - Sue Leighton**
- International Travel - Scott Coffin & Yvonne Jones**
- Intramurals - Sue Leighton**
- Logos - Jason Segger & Jason Dabbagh**
- Math Competitions - Dale Hawken**
- Operation Christmas Child - TBA**
- Pennies for Peace - Dave Rush**
- Pi Day - Bill Willette**
- Pink & Green Ribbon - Dave Edwards**
- Photography Club - Judy Smallwood**
- Reach for the Top - Brian Grant**
- Recycling Club - Ann Scott, Al Thorne & Don Bliss**
- Renaissance Recognition Program - Carmen Bucyk**
- Ski & Snowboard Club - Gordon Murray**
- Student Council - Dave Edwards**
- Terry Fox Run - Sue Leighton**
- Tournament of Champions - Dave Edwards**
- Wellness Wednesdays - Dave Rush & Jeannette Kary**
- Yearbook Club - Yvonne Jones**
- Young Life - Jason Dabbagh**

Be a Bellerose Athlete

Bellerose encourages and supports students in the pursuit of athletic excellence. Bulldog athletes are a major part of our school's traditions, spirit, and pride. Listen to announcements and watch for posters for team tryout information.

Contact: Sue Leighton, Physical Education & Athletics Department Head

- Badminton**
- Basketball**
- Cheer Team**
- Cross Country**
- Curling**
- Football**
- Golf**
- Journal Games**
- Rugby**
- Soccer**
- Track & Field**
- Volleyball**
- Wrestling**



Get Involved!

Contact staff by email using the following protocol:

firstname.lastname@spschools.org